

spinfolesom.com – Folsom Premium Outlets and an Ice Cream Cone

Difficulty: very easy | **Distance:** 6 miles | **Surface:** paved bike path | **Attractions:** Folsom Premium Outlets, shopping, restaurants.

Nature's serene beauty and other treats

From the trailhead in the back of the Lake Natoma Inn (702 Gold Lake Drive), this ride takes you along the same bike path as the "Ride for a Reason" charity ride loop. But if you are not ready for a long ride then this is a better choice. It's an out-and-back, but if you stop at Pretzel Time/TCBY for an ice cream cone or maybe a break in the McDonald's playland, everyone will be happy. This trail is beautiful all year round.

Wandering along Lake Natoma, you may see turkeys, squirrels, ducks, egrets, and even an occasional coyote. The trail is bordered by all kinds of shrubbery, including delicious wild raspberries.

If you stop for just one raspberry, this 20-minute ride can easily turn into an all day event (which isn't necessarily a bad thing)! Be sure to bring a backpack to carry home your outlet purchases!

Directions:

The ride is 3 miles long (out and back = 6 miles).

The trailhead starts at Lake Natoma Inn (702 Gold Lake Drive) in Historic Old Folsom. Park on Gold Lake Drive in front of Lake Natoma Inn. The bike path is located on the left side of Lake Natoma Inn as you are looking at the building.

Take a left on the bike trail that takes you under the American River Bridge (the new bridge).

Just past the 2 mile mark on the bike trail, you will come to a parking lot. This is the Willow Creek entrance to Natoma Lake.

Go 1/4 mile past the parking lot on the bike trail and take a left at the fork in the path

This will take you up to the light at Iron Point Road. Cross at the light if you would like to take a break at the Folsom Premium Outlets.

Take the first left if you want to go to McDonald's and the Folsom Premium Outlets.

Take the first right to get to Burger King, Taco Bell or Chili's.

Reverse bike route to get back to Lake Natoma Inn.



The Folsom Tourism Bureau | 200 Wool Street, Folsom, Ca. 95630 | 916.985.2698 | **Promotional packages available at spinfolesom.com.**

© 2008 The Folsom Tourism Bureau. All rights reserved. | The Folsom Tourism Bureau is providing these rides for your enjoyment. Please bike safely by using good judgement. Wear a helmet, obey traffic signs and signals, use hand signals, don't weave between parked cars, follow lane markings, choose the best way to turn left, watch for right-turning traffic, respect pedestrians' rights, never ride against traffic, watch for cars pulling out, watch your speed and enjoy your trip.

We have done our best to give you correct directions. Please contact spinfolesom at info@spinfolesom.com for any comments or corrections to the ride directions.