

spinfoolsom.com – Ridge Road Ride

Difficulty: difficult | **Distance:** 48 or 64 miles | **Surface:** paved street | **Attractions:** Historic towns, spectacular scenery.

Dig your bike into California's Gold Country

Riding from Folsom to the foothills Gold Country is an exhilarating experience. Road conditions vary from slow ascent/wide-shouldered roads to steep hairpin turns. You'll pass by dozens of ranchettes, so pack some carrots or apples for the horses. You'll also cross over Secret Ranch and Auburn Ravine Salmon Habitats.

Traveling up Folsom-Auburn Road through Granite Bay and Roseville gets you warmed up for the rolling hills through the rural countryside of Loomis, Penryn and Newcastle. Once you get through the tunnel on Taylor Road, keep your eyes open for Ridge Road.

The experience of Ridge Road alone is well worth the trip. As you turn and climb, there are panoramic views on either side. At the top you can see all the way to Sacramento! Suddenly, you're heading down, down, down! The twisty, steep descent seems to go on forever. It's great for anyone who loves to carve down the hillside.

But Ridge Road is not the only thrill; Chili Hill, Crater Hill and Wise Roads also make this part of the ride well worth the effort.

Make sure you go right on Wise Road; it drops you onto Ophir Road and into Auburn, which is a great place for a break and to make an important decision. The easy choice is to turn right and travel directly back to Folsom via Folsom-Auburn Road.

If you have the energy for an additional 16-mile loop, follow the directions for the Dry Creek Extension. This extra loop has more shoulders but also more traffic.

Directions:

The ride begins at Karen's Bakery, 705 Gold Lake Drive. You can find the bike path entrance across Gold Lake Drive from Karen's Bakery.

Head north on American River Bridge (the new bridge)	0.5 mi
Continue on Auburn Folsom Rd	6.1 mi
Turn left at Cavitt Stallman Rd	459 ft
Turn right and head north on Laird Rd	3.2 mi
Turn left at Brace Rd	500 ft

Turn right at Horseshoe Bar Rd	1.5 mi
Turn left and head north Val Verde Rd	1.0 mi
Turn left at King Rd	0.2 mi
Turn right at Penryn Rd	1.4 mi
Turn right and head northeast on Taylor Rd	3.3 mi
Turn left and head northwest on Ridge Rd	3.5 mi
Turn right at Gold Hill Rd	0.8 mi
Turn right and head northeast on Chili Hill Rd	1.8 mi
Turn left and head east on Crater Hill Rd	1.1 mi
Turn right at Wise Rd	2.4 mi
At the T, turn left at Ophir Rd	0.7 mi
At the Y, stay to the right to go under I-80 on Ophir Rd	318 ft
Stay on the bike path until you get to Old Auburn	0.1 mi
Turn right at Lincoln Way	

(You can head back to Folsom from here or take the Dry Creek extension.)

BACK TO FOLSOM

Turn right at Sacramento Street	0.1 mi
Turn right at Auburn Folsom Rd toward Folsom	17.3 mi
Continue on American River Bridge	0.5 mi

After crossing the bridge, Karen's Bakery is to your left.

DRY CREEK EXTENSION (an additional 16-mile loop)

Continue heading east on Lincoln Way	0.5 mi
Turn left High St	0.5 mi
Turn right at Lincoln Way	2.2 mi
Turn left at Undercrossing Rd to Bowman Rd	0.1 mi
Turn right at Bowman Rd	2.0 mi
Turn left and head west on Dry Creek Rd	3.9 mi
Turn left and head south on CA-49/Grass Valley Hwy	1.0 mi
Turn left at Bell Rd	2.8 mi
Turn right on Bowman Rd	
Turn left on Undercrossing Rd.	
Turn right on Lincoln Way	
Turn right on El Dorado St	
Turn left on High Street	
Turn left at Auburn Folsom Rd toward Folsom	17.3 mi
Continue on American River Bridge	0.5 mi

After crossing the bridge, Karen's Bakery is to your left.



The Folsom Tourism Bureau | 200 Wool Street, Folsom, Ca. 95630 | 916.985.2698 | **Promotional packages available at spinfoolsom.com.**

© 2008 The Folsom Tourism Bureau. All rights reserved. | The Folsom Tourism Bureau is providing these rides for your enjoyment. Please bike safely by using good judgement. Wear a helmet, obey traffic signs and signals, use hand signals, don't weave between parked cars, follow lane markings, choose the best way to turn left, watch for right-turning traffic, respect pedestrians' rights, never ride against traffic, watch for cars pulling out, watch your speed and enjoy your trip.

We have done our best to give you correct directions. Please contact spinfoolsom at info@spinfoolsom.com for any comments or corrections to the ride directions.